**Lute Loop 2005**

**Fun Run/Walk**

**Pacific Lutheran University**

**Date:** April 30, 2005

**Time:** 10:00 am

**Pre-Register by:** 4/28/04

Registration/Check-in: 9:00 am
Place: Red Square
The fun run/walk begins at 10:00 am with energizing music and aerobics to get you warmed up!

*Free Liv-It headband w/ Registration!*  
**RAFFLE PRIZES!**

Entry fees:
- $10.00 - Pre-Registered Participants
- $5.50 of registration will go to Tsunami relief
- $12.00 - Race-day Registration
- Open to PLU community/alumni and their families only.

For more info or if you'd like to volunteer email liveit@plu.edu

**Mail form and entry fee to:**
Matt Laumann  
Residential Life Office  
Make check payable to PLU  

**Prior to 4/28/05**
$10.00 per person

**Race Day**
$12.00 on Race Day

**Sponsored by:**  
Liv-It

**Waiver:** PLEASE SIGN! I, the undersigned will not hold Pacific Lutheran University responsible for any accident or injury that might occur while participating in the above named run/walk. I, further understand that insurance is not provided for this run/walk and that all fees paid are non-refundable. If athlete is under age 18, parent or guardian signature is required.

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